



**Carers FIRST**  
FIRST Choice for Carers

Supporting Carers in Lincolnshire

[www.carersfirst.org.uk](http://www.carersfirst.org.uk)



# Carers Week 2019

## 10th - 16th June

### Celebrate Carers Week with a Carers Cuppa!

Our 'Carers Cuppa' events will provide an opportunity to socialise with other carers over a free tea/coffee and to also find out how we can support you.



**Tuesday June 11th**  
**9.30am - 12.30pm**

**Tesco's, Gainsborough, DN21 2HA**

**Attendance FREE of charge**

To find out more information please contact our Carers Hub:



**0300 303 1555**



**info@CarersFIRST.org.uk**

*Carers FIRST delivers the Lincolnshire Carers Service in partnership with Lincolnshire County Council's Customer Service Centre*



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