

<p style="text-align: center;"><b>Aim</b></p> <ul style="list-style-type: none"> <li>• To ensure that the principles Swallowing, Oral Health and Nutrition (including personal care) and the support of good nutritional values are integral within everyday practice</li> <li>• To support and train the team and service area colleagues on Swallowing, Oral Health and Nutrition matters</li> </ul>	<p style="text-align: center;"><b>Who can be the, Swallowing, Oral Health and Nutrition [SONA] Ambassador?</b></p> <ul style="list-style-type: none"> <li>• The provider or registered Manager to consult with a member of their staff that they believe will embrace this role of being the SONA Ambassador, this may include the Manager themselves</li> <li>• All nominations to be sent to Lincolnshire Care Association Workforce Development; email <a href="mailto:samanthabacchus@linca.org.uk">samanthabacchus@linca.org.uk</a> <ul style="list-style-type: none"> <li>○ <b>Name of nominated person</b></li> <li>○ <b>Their email or work email</b></li> <li>○ <b>Organisation representing</b></li> <li>○ <b>Nominating Person and contact number</b></li> </ul> </li> </ul>
<p style="text-align: center;"><b>Rollout of the programme</b></p> <ul style="list-style-type: none"> <li>• Forth Programme to start in Summer 2020 and includes specialised training. <ul style="list-style-type: none"> <li>• Provide a Swallowing, Oral Health and Nutritional training and resource Needs Analysis collection</li> <li>• Attend a further full day training and receive recognition at becoming a SONA Ambassador</li> <li>• Attend a further three workshops, specialising on Swallowing, Oral Health and Nutrition:</li> </ul> </li> </ul> <p><b>[SONA's are expected to attend all THREE workshops as part of the role]</b></p>	<p style="text-align: center;"><b>Swallowing, Oral Health and Nutrition Ambassadors Will</b></p> <ul style="list-style-type: none"> <li>• Act as a resource and a point of contact for colleagues that require support and guidance with Swallowing, Oral Health and Nutrition I issues</li> <li>• Cascade/disseminate Swallowing, Oral Health and Nutritional, keep a log on staff training, information and develop and maintain a notice board</li> <li>• Maintain Swallowing, Oral Health and Nutritional as a standing agenda item at team meetings within their own organisations.</li> <li>• Encourage colleagues to recognise trends and themes.</li> <li>• Promote the Swallowing, Oral Health and Nutritional adult policy and national/local guidelines by ensuring that the provider has a policy on oral care and nutrition for all residents/service users.</li> <li>• Be aware of own limitations and seek further clarification / support from the organisations designated Swallowing, Oral Health and Nutritional Lead.</li> <li>• Attend a minimum of three Swallowing, Oral Health and Nutritional Ambassador meetings annually</li> </ul>

	<ul style="list-style-type: none"> <li>• Understand how to gain access to NHS dental care (both routine and urgent) for their clients (including how to apply for the NHS Low Income Scheme, where appropriate)</li> <li>• Ensure that the provider has a formal oral health care plan in place for all residents/service users that is frequently reviewed</li> </ul>
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### Further Learning

**All Cohorts will attend three further workshops on the following topics:**

- **Support of residents with Swallowing and related issues**
  - **Caring for Smiles and Oral Health**
- **Nutrition and Dietetic Support for residents in Care**

**Note – A SWALLOWING, ORAL HEALTH AND NUTRITIONAL AMBASSADOR IS NOT** *a replacement for a Swallowing, Oral Health and Nutritional trainer, but someone who would be able to support those who train on these subjects*

<b>Expected Outcomes of the Role</b>	<b>Purpose of Swallowing, Oral Health and Nutritional Meetings</b>
<p>The development of the role across your organisation will:</p> <ul style="list-style-type: none"> <li>• Enhance and streamline Swallowing, Oral Health and Nutritional practice</li> <li>• Provide consistency in Swallowing, Oral Health and Nutritional practice</li> <li>• Promote staff competencies in Swallowing, Oral Health and Nutritional</li> <li>• Give staff confidence to provide up to date advice and support to colleagues</li> <li>• Improve the overall health and wellbeing of residents and service users</li> </ul>	<ul style="list-style-type: none"> <li>• Provide a forum for all Swallowing, Oral Health and Nutritional Ambassadors to meet, network, share best practice and lessons learnt across the sector</li> <li>• Gather up to date information from partner agencies.</li> <li>• Promote discussion on Swallowing, Oral Health and Nutritional policies and procedures.</li> <li>• Maintain and enhance their skills and competencies in Swallowing, Oral Health and Nutritional</li> </ul>

**For any information or interest regarding SONA, please email. [markturton@linca.org.uk](mailto:markturton@linca.org.uk)**