Swallowing, Oral Health and Nutritional Ambassadors



Aim

- To ensure that the principles Swallowing,
 Oral Health and Nutrition (including personal care) and the support of good nutritional values are integral within <u>every day</u> practice
- To support and train the team and service area colleagues on Swallowing, Oral Health and Nutrition matters

Who can be the, Swallowing, Oral Health and Nutrition [SONA]Ambassador

- The provider or registered Manager to consult with a member of their staff that they believe will embrace this role of being the SONA Ambassador, this may include the Manager themselves
- All nominations to be sent to Lincolnshire Care Association Workforce Development; email daniellebradford@linca.org.uk with;
- Name of nominated person
- Their email or work email
- Organisation representing
- Nominating Person and contact number

Rollout of the programme

 Third Programme to start on 18th July 2019 and includes specialised training;

Provide a Swallowing, Oral Health and Nutritional training and resource Needs Analysis collection August 2019

Attend a further full day training on 19th September 2019, receive recognition at becoming a SONA Ambassador

Attend three workshops, specialising on Swallowing, Oral Health and Nutrition:

Oral Health - 9th October 2019

Swallowing - 6th November 2019

Nutrition - 5th December 2019

[SONA's are expected to attend all THREE workshops as part of the role]

Swallowing, Oral Health and Nutrition Ambassadors Will

- Act as a resource and a point of contact for colleagues that require support and guidance with Swallowing, Oral Health and Nutrition I issues
- Cascade/disseminate Swallowing, Oral Health and Nutritional, keep a log on staff training, information and develop and maintain a notice board
- Maintain Swallowing, Oral Health and Nutritional as a standing agenda item at team meetings within their own organisations.
- Encourage colleagues to recognise trends and themes.
- Promote the Swallowing, Oral Health and Nutritional adult policy and national/local guidelines by ensuring that the provider has a policy on oral care and nutrition for all residents/service users.
- Be aware of own limitations and seek further clarification / support from the organisations designated Swallowing, Oral Health and Nutritional Lead
- Attend a minimum of three Swallowing, Oral Health and Nutritional Ambassador meetings annually

Swallowing, Oral Health and Nutritional Ambassadors



	Understand how to gain access to NHS dental
	care (both routine and urgent) for their clients
	(including how to apply for the NHS Low Income
	Scheme, where appropriate)

 Ensure that the provider has a formal oral health care plan in place for all residents/service users that is frequently reviewed

Further Learning

All Cohorts will attend three further workshops on the following topics:

- Support of residents with Swallowing and related issues
 - Caring for Smiles and Oral Health
- Nutrition and Dietetic Support for residents in Care

Cohort 1 and 2 <u>workshops</u> planned July 19 [For Cohort 2, their Oral Health Event will be with Cohort 3]

Cohort 3 and mop ups – Oct/Nov/Dec 19 <u>Attending</u> each workshop is a requirement of the role

Note – A SWALLOWING, ORAL HEALTH AND NUTRITIONAL AMBASSADOR IS NOT a replacement for a Swallowing, Oral Health and Nutritional trainer, but someone who would be able to support those who train on these subjects

Expected Outcomes of the Role

The development of the role across your organisation will:

- Enhance and streamline Swallowing, Oral Health and Nutritional practice
- Provide consistency in Swallowing, Oral Health and Nutritional practice
- Promote staff competencies in Swallowing, Oral Health and Nutritional
- Give staff confidence to provide up to date advice and support to colleagues
- Improve the overall health and wellbeing of residents and service users

Purpose of Swallowing, Oral Health and Nutritional Meetings

- Provide a forum for all Swallowing, Oral Health and Nutritional Ambassadors to meet, network, share best practice and lessons learnt across the sector
- Gather up to date information from partner agencies.
- Promote discussion on Swallowing, Oral Health and Nutritional policies and procedures.
- Maintain and enhance their skills and competencies in Swallowing, Oral Health and Nutritional

For any information or interest regarding SONA, please email. markturton@linca.org.uk